

10:00 - 11:00 Saturday morning (July 8, 2017)
Shannon Hall

INTRODUCTION TO SLOW TWO STEP

Teachers: Ellen and Les Robertson

MC: Connie Ritchie

The Slow Two Step rhythm is denoted using 4/4 timing.
When using 6/8 music, it is denoted in 4/4 and danced with syncopation.
Timing is SQQ with no rise and fall.

Beginning Figures for Slow Two Step Rhythm includes:

Basic
Basic Ending
Lunge Basic
Open Basic
Reverse Underarm Turn
Side Basic
Traveling Chasses
Underarm Turn.